



DIAMOND COAST  
HOTEL  
★★★★

## CONFERENCE & MEETING MENUS

Please ask us for allergen details

### morning pick-me-up

Superfood Smoothie	€3.50
Superfood Juice	€3.50
Seasonal Fruit Skewers <i>with Killowen yoghurt and local honey</i>	€3.50
Flahavans Organic Granola Pot <i>with yoghurt, dried fruit and berry compote</i>	€4.00
Individual Porridge Pots <i>with Irish whiskey syrup and fresh cream</i>	€4.00
Date & Cranberry Protein Balls	€2.50
Banana Bread	€2.50
Flapjack	€3.50
House Pastries	€3.50
Dressed Scones <i>with jam and cream</i>	€3.50
Alpine Muesli	€3.50

### working lunch

**Served to Tables €14.50 per person**  
*a choice of seasonal daily salads and soups  
are available to accompany sandwiches.*

Traditional Sandwich Selection
Spicy Chicken Wrap
Egg & Watercress
Baked Ham & Smoked Hegarty's on Sourdough Bread

### casual catch-up

**Two Course Lunch from €25.50 per person**  
served in our Inishaven Bar

### take away

**Take Away Lunch €12.50 per person**  
Packed Lunch  
*includes a sandwich, fruit, flap jack, beverage*

### boost break

#### Sweet Treats

Double Chocolate Muffin	€2.00
Macarons Selection	€4.00
Granola Bars	€4.00
Honey & Pistachio Madeleines	€4.00
Granny Smith Apple <i>with pineapple chunks</i>	€3.00
Cake Slice <i>lemon drizzle or banana bread</i>	€4.50
Date & Cranberry Protein Balls	€2.50
Tea/Coffee	€3.50

#### Savoury Snacks

Sausage Roll <i>with black pudding and soaked apricot</i>	€5.00
Daily Soup Choice <i>choice of seasonal soups</i>	€8.00
Daily Salad Choice <i>a choice of seasonal salads</i>	€8.00
Savoury Croissants	€8.00
Raw Board <i>hummus, carrots, cucumber, black olives, garlic and coriander naan bread</i>	€13.45

### super spruce juice jugs

**€12.00 per jug**

Choice of Juices  
*lemonade, elderflower,  
strawberry, blackberry,  
or warm apple punch*